



Chryston Community Hub Newsletter - October 2025

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Welcome to the Chryston Community Hub Newsletter for October 2025.

Our Hub Newsletter is the best way for you to be kept up to date on **What's on** and **what's new** within Chryston Community Hub.

We will also keep you up to date on whats going on for communities across the Northern Corridor and North Lanarkshire.

Another reminder that Chryston Hub is open all through the year. We are happy to take bookings for all our spaces and have the facilities to support a range of activities.

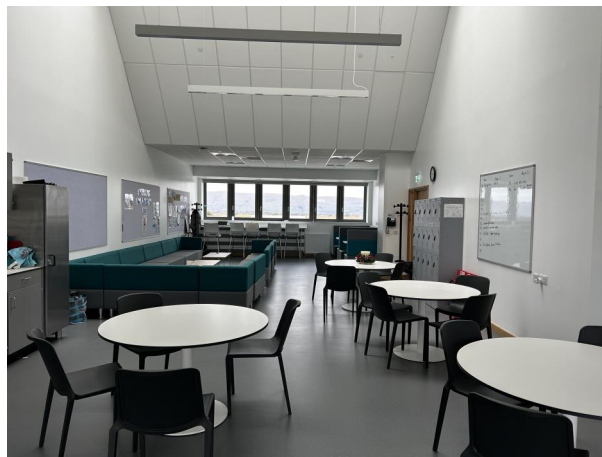
See below for a look at some of the spaces available at Chryston Community Hub.

Please get in touch with Gerry, Community Hub Coordinator, for more information
chrystoncommunityhub@northlan.gov.uk

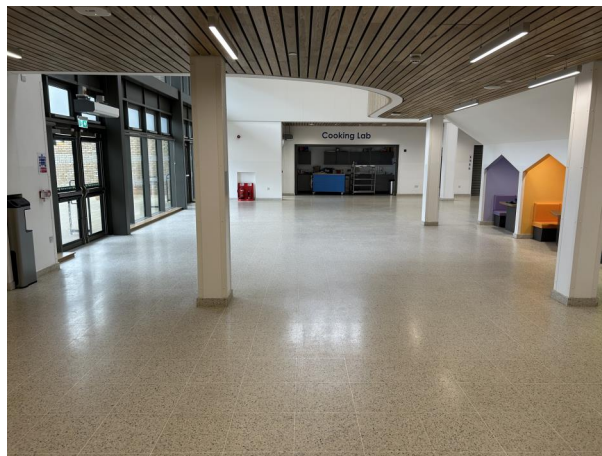




1 - Hellar up - amphitheatre area



2 - Staff Partnership Zone



3 - Multi purpose social/dining space



4 - Part of our outside space, which extends to Muga (multi use games area), play areas, walking and cycling routes, and outdoor gym



5 - Social/dining space



6 - Main gym hall/conference space



7 - Cooking lab

Chryston Community Hub 'Whats on'

Did you know that North Lanarkshire Disability Forum have a drop in service every Monday, 1pm - 4pm that supports people with disabilities, with long term conditions, and also provides support relating to the Macmillan Improving the Cancer Journey service in North Lanarkshire.

All support services and activities on offer at the Hub are weekly/monthly sessions that take place throughout the year.

See list below for more details.

- **Monday**

North Lanarkshire Council, Housing Service, every 2 weeks, 9am – 3pm, Appointments Tel. 01236 758010

Scottish Action for Mental Health (SAMH), Well Informed MH service, every 4th Monday starting 22nd September, 10am - 2pm, Drop in or contact well-informed@samh.org.uk

Sparkles Dance Academy, 5.15pm – 7.15pm

Disability, Long Term Conditions and ICJ Macmillan support & information service, 1pm – 4pm, Drop in service

- **Tuesday**

NHS PC Occupational Therapy service, 9am – 4.30pm, Appointments Tel. 01698 755175

Routes to Work employability support, 9am – 4pm, drop in or call 01698 332551

Advanced Dance studio, 5pm - 6pm

- **Wednesday**

Carers Together support service, 9am – 4.30pm, drop-in or call 01698 404055

AMC childrens football, 5pm - 7pm

Community Police drop - in session, monthly (drop in), next one TBC

- **Thursday**

2nd Clyde Scout Group, 5pm - 7pm

- **Friday**

Community Health Walk, leaves at 9.45 am from front of Hub, book by contacting walk leader josh@ourgreenspace.org

North Lanarkshire Council, Tackling Poverty Team, 9am – 4pm, call 01698 332551 to arrange an appointment

Families Here and Now Service, 2.30pm – 4pm, drop in service, in community room

2nd Clyde Scout Group, 5pm - 7pm

- **Sunday**

Project 42 Arts and Music sessions, 1.30pm – 3.30pm. Contact project42nl@gmail.com for more information, or call 07369 276178.

northlanarkshire disability forum

Testimonials:

- "I was overwhelmed. The Connector in the hub helped me with my son's disability application and so much more."
- "I didn't want a home visit – I wanted to feel like myself. The hub gave me privacy and dignity."
- "Speaking on the phone is hard for me. The hub gave me a quiet space to get help with important forms."

Community Connectors can help people by:

- ✓ Being holistic & inclusive
- ✓ Practical form filling support
- ✓ Empowering parents to coordinated care
- ✓ By being accessible & respectful
- ✓ Enabling independence
- ✓ Offering tailored support

Services:

- Bringing people together** (Icon: Group of people)
- One to one appointments** (Icon: Two people talking)
- Drop Ins** (Icon: Person standing)

Supporting those with disabilities, long term conditions and those affected by cancer

Call us on 01698 275710 or email engage@nldforum.org.uk for more information

8 - Disability, Long Term Conditions and ICJ Macmillan support & information service, Mondays, 1pm – 4pm, Drop in service

Breast screening bus at Chryston Community Hub car park until November



A final reminder that until late November the breast screening bus will be situated at Chryston Community Hub car park, Cliffvale Road, Chryston.

The service is for the 50 - 70 age group and appointments can be booked by calling Tel. 0141 800 8800.



Help Shape Your Community's Future – Share Your Views



We're currently reviewing North Lanarkshire's **Community Priorities**, known as **Local Outcome Improvement Plans (LOIPs)** – and we need your help to ensure they reflect what matters most to our communities.


We're asking residents: **"How well do you know your community's current priorities?"**

These priorities aim to improve local areas and the lives of people who live there – but they only work if they're shaped by local voices.

 **Please take a moment to complete and share our short survey:**  LOIP Review Survey [Community Priorities Consultation Survey](#)

We'd be grateful if you could:

- **Complete the survey yourself**
- **Share it widely** through your networks, local groups, and social media

 We'll be asking again soon what should be prioritised from 2027 onwards, so this is a key opportunity to influence future plans.

 Stay tuned to our socials for updates and more ways to get involved!

Thank you for your continued support in helping us ensure LOIPs reflect the real priorities of our communities. Together, we can build a stronger, more connected North Lanarkshire.

An invitation: Scottish Mental Health Arts Festival Exhibition 'Young People and perspectives on Wellbeing'

You are invited to attend **Chryston Community Hub for the Scottish Mental Health Arts Festivals Exhibition entitled 'Young People and Perceptions of Wellbeing'**.

The evening event is the culmination of an art competition where we asked local school children to create artwork with a motivational wellbeing message. We hope that the art that has been created will inspire those using our Hub community rooms to think positively about their own health and wellbeing and to be inspired to live well.

The evening will consist of a short award ceremony followed by the opening of SMHAF art exhibition rooms for viewing, where 18 artworks will go on permanent display in our 3 x Community Room spaces.

There will be 3 prizes presented on the evening:

1st Prize for best artwork

2 prizes also for **2 x runners up**

There will also be live music from Project 42.

Date: Thursday 6th November 2025 Time: 5pm - 7pm (please arrive for 5pm) Location: Chryston Community Hub, Cliffvale Road, Chryston, G69 9DB.

NOV 06 **YOUNG LIVES AND PERCEPTIONS OF WELLBEING**

 Visual Arts: Exhibition featuring artworks by children from three local schools and the family support project Families Here and Now, reflecting their views on wellbeing. The work will be displayed in health and wellbeing rooms at Chryston Community Hub and on raised beds in a community garden at a local park. The exhibition launch includes a prizegiving and music from Project 42.

🕒 **Launch:** Thu 6 Nov, 5-7pm
🕒 **Exhibition:** Fri 7 Nov, 5-6pm
📍 Chryston Community Hub, Cliffvale Road, Glasgow, G69 9DB
🆓 **FREE**
📧 mitchellgerr@northlan.gov.uk
☎ 07484 187 673
⚠ **Quiet space**



9 - Local children have produced art that will hang in our Community spaces and motivate people to live well.